

# Native Children Always Ride Safe

## Find the Right Fit. Use the Right Seat.

### Shoulder and Lap Belt

Once children are over 4'9"

tall, and can answer yes to **The 5-Step Test**, they no longer need a booster seat and can use a regular adult shoulder and lap belt.



All kids younger than 13 should sit in the back.

### Booster Seat

Children who have reached the upper weight limit for their forward-facing car seat must use boosters to 4'9" tall or age eight and until the adult belt fits correctly.



#### THE 5-STEP TEST

1. Can the child sit all the way back against the vehicle seat?
2. Do the child's knees bend comfortably at the edge of the vehicle seat?
3. Does the belt cross the shoulder between the neck and the arm?
4. Is the lap belt as low as possible, touching the thighs?
5. Can the child stay comfortably seated for a regular trip?

Until you can answer **"YES"** to the above questions your child should continue using a booster seat.

### Forward-Facing

Children weighing less than 40 pounds must be properly secured in a child safety restraint.



### Rear-Facing

Infants must ride in rear-facing seats until they are 2 years old, or until they reach the maximum height and weight for their seat.



Northwest Portland Area Indian Health Board

Adapted from Child Safety Seat Resource Center  
"Size Up Your Child's Safety Needs" growth chart